

Grow Together

Enjoy Gardening?

Like to help your Community?

Interested in sharing skills, growing and eating?

Grow Together is a year-long volunteer project for 2019, created to inspire a love of growing food and flowers and an active lifestyle through gardening, in communities across Rutland.

How will Grow Together work?

Grow Together will connect Rutland residents to inspire local people of all ages and abilities to create a community garden-based project and organise events around it. These might be plant swaps, planting events, harvesting, apple pressing, pumpkin celebrations – it really is up to your community to decide! There will also be county-wide events such as the launch event at Oakham Castle and having a presence at the Rutland County Show.

The "Grow Together "Project will enable people to get out there in the fresh air, be active, meet new people, have fun and feel confident about 'growing their own' – in 2019 and beyond.

Could you be a Grow Together Volunteer Gardener?

Our 10 Volunteer Gardeners will have a keen interest for gardening, the enthusiasm and desire to share their knowledge, and the confidence to bring a community together through communications and events and lead them in gardening idea.

In return for their time and commitment, each volunteer will benefit from professional horticultural training, project support, and event resources to help them in their role. They will also be part of a thriving group of like-minded volunteers who will get together and support each other throughout the project.





Launch Event & Seed Swap

10.00am-1.00pm, 9th Feb 2019, Oakham Castle

Do you have seeds you have not used or seeds you have saved, would like to exchange for something different? Or just get some seeds?

Join us for our launch event at

Oakham Castle on Saturday 9th February 2019 between 10.00am and 1.00pm. Find out more about the project and meet the project team, Claire Crowley and Alex Wilby, founders of Root-and-Branch Out CIC, who specialise in nurturing community through nature. Alex is a professional horticulturist and Claire is a permaculture designer.

Seed Swap

Newspaper plant pot making Children's seed planting and vegetable 'still-life drawing'! Project talk every 30 minutes Meet the team Refreshments

Get involved!

If you would like to take part in the "Grow Together" Project here is how you can get involved, or, simply find out more:

- Apply to become a Volunteer Gardener simply fill out the short Volunteer Gardener information form. This can be downloaded at: <u>https://www.activerutland.org.uk/grow-together</u>. The deadline is Thursday 28th February 2019.
- Come to the Seed Swap & Launch Event between 10.00am and 1.00pm on 9th February 2019 at Oakham Castle – the project team will be there with free seeds, refreshments, giving the project talk every half hour and doing seed planting and vegetable 'still-life drawing' with the children!
- **Register your email address** at: <u>activerutland@rutland.gov.uk</u> to hear about news and upcoming events.
- Follow us on Facebook @ActiveRutland1



