Rutland Gourmet Ltd

Ready Meals and Grocery Packs

A range of tasty meals to fill your freezer, home made in Morcott, delivered to your door, available for one, two or four persons

Soups , *Serves 2, £5*

Mexican Bean; Roasted red pepper, tomato and basil; Leek, mushroom and thyme with butterbeans

Main Courses , Meat and Fish

Cottage Pie – tasty minced beef topped with fluffy mashed potato (£4.50. £8.50, £13.95)

Lasagne Al Forno– slow cooked beef ragu layered with pasta sheets, bechamel sauce (£5, £8.50, £15)

Butter chicken curry – chicken breast in a mild and creamy curry sauce (£4.50, £8.50, £13.95)

Chilli con carne (£4.50, £8.50, £13.95)

Chicken, preserved lemon and olive tagine (£4.50, £8.50, £13.95)

Burgundy Beef – chuck steak slow cooked with red wine, onions and garlic (£5, £8.50, £16)

Tagine of lamb – cooked with tomatoes, apricots and Moroccan spices (£6, £9, £16.50)

Lamb bhuna – cooked with mild spices and coconut milk (£5, £9.50, £16)

Fish Pie – cod, salmon and smoked haddock in a cheesy cream sauce with a mashed potato top (£7.50, £14, £22.50)

Vegetarian Options – All priced at (£4.50, £7.50, £13.50)

Roasted vegetable lasagne

Spinach and ricotta cannelloni

Mixed bean and pepper chilli

Butternut squash and chickpea curry

*All ingredients and allergens are clearly listed in **bold** but please ask for any specific dietary requirements*

Free delivery within a 10 mile radius, minimum order £25

To place your order, please telephone:

01572 747909/07970 576882 or email

sarah@rutlandgourmet.co.uk

Also Available with your frozen order:

Grocery Packs;

Sliced bread, brown or white; semi-skimmed milk 2.27l; pasta; Heinz baked beans; tinned tomatoes; tinned tuna; butter; cheese; toilet rolls

Meat Packs;

Whole chickens; chicken breasts; minced beef; smoked back bacon; sausages; sliced ham; eggs

Vegetable Packs;

Potatoes; carrots; onions; celery; green vegetables

Available at market prices

Other items are available, please ask

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