

## Who are we?

Healthwatch Rutland is your local health and social care champion.

We give local people an opportunity to have a voice on the health and social care services that they use in order to influence change.



## We need your help!

Do you have some spare time that you would like to use to make a difference?

Our volunteer opportunities ask for no regular time commitment and allow flexibility

If you would like to find out more, please get in touch by using the details below.



If you have a query or concern about your NHS health and social care, we are here to help.

Call us on 01572 720381

or email info@healthwatchrutland.co.uk